

Nasturtium

Tropaeolum



General Information

- Edible Perennial Herb
- Sun Exposure: Full sun
- Water needs: Low to moderate
- Temperature: Grows best at temperatures above freezing. Do not plant with frost still prevalent, as this will hamper growth of the plant.
- Days to harvest: Harvest leaves and flowers once the plant has matured - around 60 days after planting.
- Harvest season: Spring-Fall

Planting Guide

- Planting Season: Plant after the last chance of frost is gone. You can look up the last frost date online.
- Location: Plant in full sun with average, well-draining soil.
- Compost: Nasturtium does not need compost before planting.
- Spacing: Plant seeds ½ inch deep and 10-12 inches apart.

Care Guide

- Irrigation: Water the plant just enough to keep the leaves and flowers from wilting. Around 1 inch of water per week should suffice.
- Supplemental Fertilizer: Nasturtium does not need fertilizer after planting.
- Pests: Nasturtium is prone to aphids, which can be washed off with a strong hose, or combated with insecticides.
- Diseases: Nasturtium are generally disease-resistant